

# A decade of IMHCN activities in promoting Community Mental Health Development and Deinstitutionalisation

## IMHCN conferences organized in partnership:

- 2nd Johor Mental Health Convention, Johor, Malaysia, 8-9 July, 2000
  - Meeting with Members of the International Network of Practical Experiences against Social Exclusion, WHO Geneva, 31 January 2001.
  - "Sviluppare e connettere reti per la salute mentale". Regione Campania, UNDP/UNOPS, OMS. Incontro Internazionale, Napoli, 7-8 aprile 2001. Presentation of the Foundation Document and IMHCN experiences.
  - 8 th Malaysian Conference on Psychological Medicine and IMHCN Conference, Kuala Lumpur, Malaysia, 22-24 June 2001
  - International Mental Health Collaborating Network Community Mental Health Leading Experiences "Developing the network: international intervention strategies". Meeting in Trieste, Department of Mental Health, 6-7 March 2003.
  - Conference "Progress 2004". NIMHE Eastern NHS. Newmarket, 23 September 2004. Several presentations by members of the Network.
  - Whole Life Program Conference, 24 September 2004, Rowley Mile Racecourse, Newmarket. NIMHE (National Institute for Mental Health England).
  - Conference "La Deistituzionalizzazione come Pratica terapeutica / Deinstitutionalisation as a therapeutic practice". Azienda Sanitaria di Merano, IMHCN together, Associazione Italo-Tedesca per la salute mentale, Alpe Adria per la salute mentale. Merano, 18-19 November 2004.

- WHO European Ministerial Conference on Mental Health "Facing the Challenges, Building Solutions". Helsinki, Finland, 12–15 January 2005. Several IMHCN Members gave lectures (Trieste, Lille, Birmingham, Asturias, Cavan-Monaghan...)
- Conference "Whole life-Whole Systems approach". The NIMHE Development Centre for the South West, NHS, 21 April 2005.
   Weston Super Mare, UK. With IMHCN Members
- Conference "Epistemology of working with people without an institution. Can Psychiatry, Social Work and Nursing be Sciences?". International Mental Heath Collaborative Network, Alpe Adria Association for Promotion of Mental Health, Social Care Home Hrastovec, University of Ljubljana, Faculty of Social Work. Hrastovec, Slovenija, 11-13 May 2005.
- International Community Mental Health: Science, Practice and Evidence. Health Service Executive, Ireland and IMHCN. Monaghan, Ireland, 21 October 2005.
- IMHCN, European Iniziatiative "Leonardo II". Conference in Athens, 20-21 March 2006.
- Conference "Citizenship and recovery". Newquay, 21 April 2006, Cornwall Mental Health NHS Trust, UK
- International Mental Health Collaborating Network: International NGO Creation. Lille, France, 28 September 2006.
- Conference "La Salute Mentale in una prospettiva internazionale". Cagliari, 20 December 2006.
- "Stigma! Vaincre les discriminations en santé mentale" Troisième rencontre internationales du Centre Collaborateur de l'Organisation Mondiale de la Santé pour la Recherche et la Formation en Santé Mentale CCOMS, Lille, France. Nice, 12-15 June 2007.
- "From Here to Recovery Transforming the Journey" Conference. Center for Mental Health Recovery, University of Hertfordshire, Hertfordshire Partnership NHS Trust. 18th, 19th September 2007.

- Inner City Mental Health: the ultimate challenge. "Rights, citizenship, social Inclusion: do they matter?". 10-11 April 2008, St Vincent's Hospital, Sydney, Australia. Presentation of the IMHCN activity.
- "A Whole System Approach to Recovery and Social Inclusion". International Mental Health Collaborating Network, Devon Partnership NHS Trust, 19 September 2008. Keynote speaker: A Community Mental Health System Promoting Recovery.
- "Community care in Mental Health: Lille eastern suburbs experience". International Conference: Deinstitutionalisation and community based care in mental health. Federal Public Service Health and Environment. Bruxelles, Belgium, November 24, 2008
- "Acute Care in the community Improving the pathway, expanding the options & promoting recovery". Hertfordshire Partnership NHS Trust, Stevenage (UK), 30 March 2009.
- Whole Life in Action. IMHCN and Cornwall Partnership NHS Trust, Eden Project, Cornwall, UK, April 2009
- "Service solutions to enable recovery: good practice services in Europe". International Mental Health Collaborating Network, Hertfordshire Partnership NHS Trust & the Centre for Mental Heath Recovery, University Hertfordshire, UK 6 June 2009.
- "Network of Modern MH services Route to the community".
  Psychiatric Hospital of Attica, Hellenic Democracy Ministry of Health and Social Solidarity, Greece, 26 June 2009.
- Une psychiatrie sans hôpital une utopie féconde. Congrès International: Psychiatrie Communautaire et Réseaux, Genève, Suisse, 04 Septembre 2009
- "Good Practice in Mental Health Services. Community Responsibility: Partnership towards Integration". International Mental Health Collaborating Network, Lyngby, Denmark, 1-2 October 2009.
- IMHCN Twinning Convention Collaboration. "Acute and Crisis Learning Set", Workshop, Exeter, Devon (GB), 19 January 2010.

- International Conference "Trieste 2010: What is 'Mental Health'? For a Global Network of Community Health". ASS n. 1 Triestina, IMHCN and other organisations, Trieste, 9-13 February 2010.
- IMHCN Board Meeting, Trieste, 12 February 2010 ? other section
- "New Horizons a shared (local and International) vision for Plymouth". Conference, Plymouth Mental Health Trust, 25-26 March 2010.
- "I percorsi di cura e di inclusione sociale della salute mentale nella regione Friuli Venezia Giulia", Regione FVG / ARS / CEFORMED, 30 marzo 2010. Presentation on International Mental Health Collaborating Network".
- "Global Mental Health: developing values driven services and evidence based practice", International Conference, under patronage of Ministry of Health, Republic of Serbia, Belgrade, 20-22 May 2010.
- "Deinstitutionalisation in Psychiatry as a possible resource",
  Romanian-Italian Symposium, University of Medicine and Farmacy
  "Carol Davila", Bucharest, 25-26 November 2010.
- International Meeting "Beyond the walls: the transition from hospital to community based care. Deinstitutionalisation and International Cooperation in Mental Health", Trieste, 13-16 April 2011. WHO CC Trieste, IMHCN
- "A whole system approach for innovating practices development in community mental health: international experiences" European Congress: Innovating practices in mental health, May 19<sup>th</sup> 2011, Nancy, France
- Conference "Recovery, restoring, cure: concepts and applications", 31 August 2011, Lille, France
- International Mental Health Collaborating Network, Cornwall Partnership NHS Foundation Trust: "Recovery into Practice for and by Psychiatrists", workshop, 30 September 2011, Cornwall, UK

- Conference "Models of community based psychiatric care", SOCOLA Hospital, 3-6 November 2011, lasi, Romania. Organised with the IMHCN.
- Conference "Mental Health Crisis A time for opportunity and change", Acute and Crisis Mental heath Services, Lyngby-Taarbaek Municipality, Copenhagen, 14 November 2011
- IMHCN Conference "Recovery into practice for professionals". Plymouth NHS Trust, 26 March 2012
- 1st International Acute Care Conference, 15-6 May 2012, Glyndwr University, Wrexham, Wales. Organised with the IMHCN.
- "Building Bridges", Inner City Health Symposium and Workshop, Sydney, Australia, 30-31 August 2012
- INTERVOICE Conference, 19th, 20th & 21st September 2012, Cardiff, Wales
- IMHCN/ICRA International Conference"Recovery into Practice: A Whole Life-Whole Systems Approach", National Botanic Garden of Wales, Carmarthen, 20-21 June 2013

## Other conferences:

- International conference Implementing the NSF for Mental Health: "Getting it right developing effective community mental health services in the UK and abroad". Network services, London, 1 febbraio 2001.
- Seminar Trieste / Connecticut at Department of Psychiatry, Yale University Medical School, New Haven e al Connecticut Department of Mental Health and Addiction Services, Hartford, 4-7 July 2001.
- "Nuevos tiempos, viejos problemas", Primeras Jornadas Interautonòmicas del Norte, Gijòn, Asturias, Spagna. 19-20 ottobre 2001. Associación Asturiana de Neuropsiquiatria y Salud Mental (A.E.N.).
- Conferenza "Developing crisis resolution and home treatment services", Bristol, 29 November 2001. The Sainsbury Centre for Mental Health.

- Conference "People in Crisis- Integrate acute and crisis services".
  Senate House, London, 2 editions: 26 March, 17 June 2002.
- Presentation to senior clinical staff & future development of the International Mental Health Network of Community Leading Experiences. Northern Birmingham Mental Health MHS Trust, 24 March 2002.
- crisi: strutture e programmi. Benevento, 14 febbraio 2003. Lezione magistrale, con S. Sashidharan.
- Conference "Sizing up service developments- Research Findings from Camden and Islington". London, 27-28 February 2003. The Trieste model.
- International Research Network on Recovery. Trieste Meeting, 11-12 April 2003, with Larry Davidson, New Haven; Marit Borg, Oslo; Alain Topor, Stockholm; Izabel Marin, Trieste.
- Seminar "Experiences from Trieste and Connecticut". Norway's Directorate for Health and Social Affairs together with the National Department for Health and Care Services. Oslo, 5 October 2004. Relatore con L. Davidson, Yale University.
- Seminar "A home a job a life; even if you have mental health problems" con L. Davidson, Yale University. Oslo, Forum for mental health, open meeting, 4 October 2004.
- Convegno "Images et realite de la santé mentale en France", Deuxième Rencontres Internationales du Centre Collaborateur de l'OMS pur la Recherche et la Formation en Santé Mentale, Lille, 24-27 ottobre 2004. Relatore.
- Meeting of the WHO Collaborating Centers in Lille, Francia. 29 30 October 2004
- Crisis Resolution and Home Treatment Conference. Leeds, The Sainsbury Centre for Mental Health, 11 March 2005. The experience in Trieste.
- 8th International Conference on Philosophy, Psychiatry, and Psychology "New Philosophies for Community Psychiatry: recovery oriented, evidence based, and beyond". Yale University, New Haven, Connecticut, USA, 16-18 October 2005.
- 10-14 September 2007, UCSF University of California San Francisco, Department of Psychiatry School of Medicine, San Francisco General Hospital. Observation, consultation with colleagues, participation in seminars and conferences, attendance and lectures. Trieste staff.
- "Madness in the streets A reflection on Franco Basaglia's vision after 30 years of practice in Trieste". A colloquium with dr. R. Mezzina, 13 settembre, UC Berkeley, Department of Italian Studies, Istituto Italiano di Cultura, San Francisco. Replica at

- Robert L. Okin, UCSF, SF General Hospital, 13 settembre 2007. Trieste Staff.
- "From Here to Recovery Transforming the Journey" Conference. Center for Mental Health Recovery, University of Hertfordshire, Hertfordshire Partnership NHS Trust. 18th, 19th September 2007.
- Conferenza "Community Mental Health Services in Trieste, Italy". Department of Human Service Mental Health Forum. State of Victoria, Melbourne, Australia. 8 April 2008 policy makers, people from the clinical treatment sector, people from the psychiatric disability rehabilitation and support sector ( housing, day programs), people from the mental health review board.
- UCSF and UCB San Francisco e Berkeley, 22-24 September 2009: Visit of Roberto Mezzina in the Bay Area.

#### General activities

- IMHCN created twinning collaboration convention in 2008 between Lille, Trieste, Lyngby, Hertfordshire, Cornwall, Plymouth, Devon.
- Membership of and participation in the WHO Global Forum for Mental Health.
- Creation of ICRA (International Centre for Recovery Action in practice, education and research.
- Co partner in the development of Trieste International School 'Franca e Franco Basaglia': "Beyond the walls: dall'apertura delle porte degli ospedali psichiatrici ai servizi di salute mentale comunitari". Since 2011
- Co partner in the development of the Inter Universities Diploma (Paris, Marseille, Lille) "Mental Health in Community: from concepts to practices). Since 2011
- Development and the facilitation of the Whole Life Whole Systems
  Mental Health strategy for Plymouth (UK). To be further developed
  in Cornwall, South Wales and Sidney (Australia)

- Creation of learning sets between partners on acute and crisis services, occupation and work, recovery practice for professionals
- IMHCN members act as advisors or collaborators for WHO International (e.g. WHO Mental Health Gap, WHO Users and Carers Empowerment in Mental Health, ICD-10 revision) and WHO Regional Offices, European Union, European Commission, Mental Health Public Organisations and NGOs
- IMHCN members act as advisors to the Ministries of Health in Argentina, Denmark, UK, France, Ireland, Australia, New Zealand, Kosovo, Albania, Palestine, Belgium, Turkey, Malaysia, Sardinia, Mauritania, Jordan, Brazil, Romania, Serbia
- IMHCN members act as consultants to Mental Health service organisations in different countries
- IMHCN members act as advisors to the INCENSE Project, India
- Training Courses and Visits in IMHCN member sites
- Planning and facilitation of the Trieste Summer School,

Franca and Franco Basaglia International School, 22-27 October 2012, Trieste

#### **Publications**

TORESINI L., MEZZINA R. and coll. Beyond the walls: Deinstitutionalisation, European best practices in Mental Health, Edition Alpha Beta, Merano, 2010

DAUMERIE N., CARIA A. « Comprehensive health and social support for people with mental health problems » Chapter V of the Background document for the thematic conference: Promoting Social Inclusion and Combating Stigma for better Mental Health and Well-being" Organised by the European Commission, Lisbon, November 2010

PELLETIER JF, DAVIDSON L, ROELANDT JL, DAUMERIE N « Citizenship and recovery for Everyone : a global model of public mental

health », The International Journal of Mental Health Promotion, Volume 11, Number 4, November 2009, pp. 45-53 (9)

ROELANDT J-L., DAUMERIE N., CARIA A., EYNAUD M., LAZARUS A., "Change the organisations and the practices to tackle stigma in Mental Health. International networking: sharing experiences and support", Santé Mentale, February 2007, n°115, p. 16 to 21

ROELANDT J-L., DAUMERIE N. Countribution to the Better Mental Health Care, Chapter 6. The Experience Base for Mental Health Care, THORNICROFT G., TANSELLA M. Cambridge University Press, 2007

## IMHCN Organisation meetings

- IMHCN Meeting, Merano, (Italy)19 November 2004.
- IMHCN Meeting. WHO European Ministerial Conference on Mental Health "Facing the Challenges, Building Solutions". Helsinki, Finland, 14 January 2005.
- International Mental Health Collaborating Network IMHCN NGO Creation, Lille, France, 28 September 2006
- IMHCN Executive Committee Meeting. Cagliari, Sardinia, 21 december 2006.
- IMHCN Board Meeting and General Assembly, Trieste, Italy, 17 may 2007.
- IMHCN General Assembly, 13 June 2007; Board Meeting, 14 June 2007, Nice, France.

- IMHCN Organisation Meeting by teleconference, 21 November 2008.
- IMHCN Board Meeting and General Assembly, 05 June 2008, St Albans, UK
- IMHCN Board Meeting and General Assembly, 02 October 2009, Copenhagen, Denmark
- IMHCN Board meeting and General Assembly 12 February 2010, Trieste, Italy
- IMHCN Board Meeting and General Assembly, 20 May 2010, Beograd, Serbia
- IMHCN Board Meeting and General Assembly, 31 August 2011, Lille, France
- IMHCN Board Meeting, Milan, November 2012